



Misbehavior

THE MISBEHAVIOR CYCLE

Anger and frustration feed misbehavior. That's right! When adults respond to misbehavior with anger and frustration, a vicious cycle of misbehavior begins. Love and Logic teaches adults to prevent or break this cycle by replacing anger with genuine sadness or empathy.

Adult Shows Anger or Frustration



Negative Self-Concept

"If it's so hard for adults to help me behave, I must be a pretty hopeless case."



Child's Perception of Authority Figures

"The most powerful people in my life can't make me behave"

OR

"The most powerful people in my life really have to sweat to make me behave"

OR

"It's entertaining to make adults mad"